

FOR IMMEDIATE RELEASE – August 17, 2025

Netball America® Brings World-Class Sports Academy to Rock Hill, South Carolina August 23 & 24.

INTERNATIONAL SPORTS ACADEMY OFFERS TRAINING BY WORLD CHAMPION PROFESSIONAL ATHLETES & COACHES.

Rock Hill, South Carolina, USA – Netball America®, the largest Netball association in the USA with 90% women and girl participants, is thrilled to announce an action-packed [International Sports Academy](#) with a focus on elevating women and girls in sports. Highlight will be agility, speed and balance AI testing to help participants understand their foundational physical abilities and where improvements should be made.

This amazing opportunity will elevate sporting performance, regardless of sporting code, ability levels and suited for all ages. Trainers include World Series Baseball Champion – Brian Anderson, the G.O.A.T. of Netball (original women's basketball) and former pro basketball athlete – Gretel Bueta, a former Division 1 volleyball athlete and doctor in sport social work – Dr Marlene Holmes, former Rugby Pro Athlete - Nigel Prasad, among others. The event also welcomes [volunteers](#) and [sponsors](#) who want to get behind women in sports.

“As a former basketball athlete and current Netball player who has played with the #1 team in the world for almost a decade, I’m so excited to be coming to the USA to share my experiences with you all”, Gretel Bueta.

Event Highlights:

- **Hands-On Workshops:** Include showing up on competition day mentally and physically prepared, learning how pro athletes train and recover and developing catching prowess and passing accuracy.
- **Experience:** Dynamic warmups, offensive/defensive strategies and jumping and landing techniques.
- **Networking & Community Building:** Connect with fellow athletes, coaches, and industry leaders.
- **American Netball Team®:** Your opportunity to see the team train and how to be a part of it.
- **FREE Fitness & Agility Assessment:** Experience a cutting-edge AI-powered fitness and agility assessment. “Talentlockr is excited to partner with Netball America® to offer a smart, AI-powered development platform that enables schools, community programs and grassroots organizations to measure, track, and nurture athletic talent across all sports”, says Bryce Poisel, Talentlockr MD Director.

Event Schedule:

- Saturday, August 23: 11:30 AM – 5:00 PM & Sunday, August 24: 9:00 AM – 11:00 AM
- **Venue:** Rock Hill High School, 320 W Springdale Rd, Rock Hill, SC 29730
- **Leading up to this event,** Netball America® is running Los Angeles events with Santa Monica Spirits Netball and LA Dragons USAFL teams along with professional development with over 150 teachers for Charlotte-Mecklenburg and Durham Public School teachers on August 20.

“We are proud Netball America® is providing an incredible opportunity for local coaches, athletes and students to come out and experience how world class athletes train and play!” says Jordan McCraw, Visit York County.

“[Netball America®](#) the premier USA Netball organization with 50 member clubs in 33 States and Canada. Bringing together professional athletes and coaches from different sports is an exciting opportunity for our members and partners to elevate their skills. This supports the [My Netball Academy App](#) bringing a USA Netball pathway in an effort to expand on the 20 million people who play Netball”, says CEO Sonya Ottaway.

Visit the [event website](#) for information and registration. Media Inquiries: Info@NetballAmerica.com